Diabetes and Oral Health Survey
Hispanic Population Fact Sheet

Oral Health & Diabetes | Hispanics Make the Connection!

The majority of Hispanics with diabetes pay attention to their oral health and recognize that there is a possible link between diabetes and oral health issues.

52% are concerned about Gum Disease

The majority (52%) of Hispanics with diabetes are concerned about their oral health, and pay at least some attention to the issue (86%).

76% Aware of link between diabetes and oral health

Over three-quarters (76%) of Hispanics are aware that having diabetes could contribute to oral health issues.

Health risks associated with Diabetes

1. Obesity (74%)
2. Cardiovascular Disease, High Blood Pressure, Eye Disease (69%)
3. Kidney Disease (65%)
4. Nerve Disease (59%)
5. Gum Disease (53%)
6. Depression (39%)
7. Skin Conditions (33%)

A majority of Hispanics (53%) acknowledge that gum disease could be a risk associated with diabetes.

66% would like more information about diabetes & dental care

53% of Hispanics living with diabetes are unaware of a CDC statistic that people with diabetes are twice as likely to develop serious gum disease than those who do not have diabetes, and 66% say they would benefit from more information about this link.
Getting Everyone Involved | Helping Take Charge

Upon hearing about the possible connection of gum disease for people with diabetes, Hispanics with diabetes pledge to pay even more attention to their oral health and dental care.

73% say they will pay more attention to their oral health and dental care

64% say they will talk to their doctor or dentist.

About a majority say they will brush more often (50%), floss more often (48%) and use mouthwash more often (51%).

This is a family matter and Hispanics want their families involved by providing support and sharing in the learning process.

- 84% say their family’s awareness of the health issues related to diabetes is important to them.
- 86% say support from their family in helping them manage their diabetes is important to them.

Something as simple as choosing the right toothpaste can help people take control of their oral health.

- 87% believe that “not all toothpastes are created equal – some have more benefits than others.”
- 89% believe that “there are toothpastes that can actually help them manage oral/gum issues better than others.”

About the Survey
The survey was conducted online by Harris Interactive among 657 U.S. adults, age 18+, who report being diagnosed with Type 2 diabetes. The survey sample includes oversamples of 155 African Americans diagnosed with Type 2 diabetes and 161 Hispanics diagnosed with Type 2 diabetes. Data was weighted to be representative of U.S. adults with Type 2 diabetes. Additionally, the individual racial subcategories of Caucasians, African Americans and Hispanics with Type 2 diabetes were weighted individually to be representative of each subpopulation within the greater population of all Type 2 diabetes patients in the U.S. The survey was fielded September 5-13, 2012.