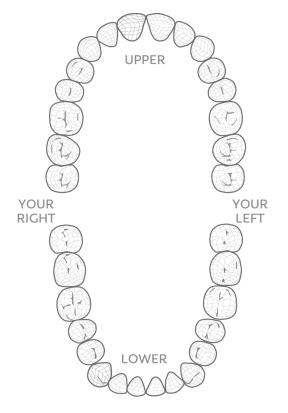
## **Gum Health Physical**

## **Steps to Help Improve Your Gum Health**

Patient name	
Prepared by	
Today's date	



○ Periodontal Exam	0 51 6 1 1	
	O Plaque Control	O Gum Recession
<ul><li>Scaling and Polishing</li></ul>	O Smoking	O Diabetes
<ul><li>Root Planing</li></ul>	Other	
Other		
HOME CARE RECOMMENDATIONS	RECOMMENDED NEXT VISIT  O 3 months O 6 months O Other	
TOOTHPASTE (Brush twice daily)  Colgate Total® Other Toothpaste		
MOUTHWASH (Use as directed) ⊃ Colgate Total® Active		Other Mouthwash
TOOTHBRUSH (Change every 3 months)  O Soft, Compact Head O Power Toothb Manual Toothbrush	rush () Other	
INTERDENTAL TOOLS (Use daily)  Floss Other		
PERSONALIZED INSTRUCTIONS		



